



## Seven Seas Jointcare Max

### Uses

### Dosage

Adults: 1 capsule and 1 tablet a day.

### Format and Ingredients

Capsule containing:  
Fish Oil 615mg, Providing Omega-3 Nutrients 356mg, Of which EPA, and DHA 312mg, Fish Collagen 84mg, Vitamin D 10µg 200, Vitamin C 20mg 25, Tablet containing: Glucosamine sulphate 2KCl 1500mg,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
P&G HEALTH

**Pack size:** 30 tablets + 30 capsules

**RRP:** £22.72

**Legal Status:**