



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Nurofen Express 256mg Tablets

### Uses

For the symptomatic relief of mild to moderate pain, such as headache, backache, period pain, dental pain, neuralgia, rheumatic and muscular pain, migraine, cold and flu symptoms, sore throat and fever.

### Dosage

Over 12 years: one to two tablets up to 3 times a day as required. Leave at least 4 hours between doses. Maximum 6 tablets in 24 hours. Under 12 years: not to be used.

### Format and Ingredients

Tablet containing:  
Sodium Ibuprofen 256mg, equivalent to Ibuprofen 200mg,

**Category:**  
Analgesics

**Manufacturer:**  
RB UK

**Pack size:** 16

**RRP:** £3.56

**Legal Status:** (GSL)