



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Fybogel Hi-Fibre Orange

### Uses

Treatment of patients requiring a high fibre regimen: e.g. for the relief of constipation, including constipation in pregnancy and maintenance of regularity, for the management of bowel function in patients with haemorrhoids.

### Dosage

Over 12 years: contents of 1 sachet stirred into a glass of water morning and evening after meals. Children 6-12 years: half to 1 level 5ml spoonful stirred into water, depending on size and age, morning and evening. Under 6 years: only when prescribed by a doctor.

### Format and Ingredients

Sachet of orange flavoured granules containing: Ispaghula Husk 3.5g,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
RB UK

**Pack size:** 10, 30

**RRP:** £3.99, £8.99

**Legal Status:** (GSL), (GSL)