

# Spatone Iron-Rich Water Natural



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

A NELSON & CO LTD

## Pack size

14 sachets, 28 sachets

## RRP

£7.49, £12.49

## Legal Status

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## Uses

Daily iron supplement.



## Format and Ingredients

Sachet containing:

Natural Iron-Rich Water,



## Dosage

Best taken with a juice high in vitamin C separate from other food or drink. Adults and children over 2 years: 1 sachet daily. Pregnant women: 2 sachets daily.