



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Phillips' Milk of Magnesia

### Uses

Relief from indigestion, excess acid and wind, heartburn and stomach discomfort and as a laxative for constipation.

### Dosage

As an antacid: Adults: 5-10ml. Maximum 60ml in 24 hours. Children 3-12 years: 5ml. Maximum 30ml in 24 hours. As a laxative: Adults: 30-45ml at bedtime. Repeat nightly reducing dose until constipation is relieved. Children 3 years and over: 5-10 ml at bedtime. Children under 3 years: to be given only on the advice of a doctor. Elderly: as adult dose. Dosage can be taken in milk or water.

### Format and Ingredients

Oral suspension containing in 5ml:  
Magnesium Hydroxide 415mg,

**Category:**  
Antacids and Gastrointestinal

**Manufacturer:**  
PERRIGO

**Pack size:** 200ml

**RRP:** £4.99

**Legal Status:** (GSL)