# Counter Intelligence PLUS 2025





## Vicks First Defence Nasal Spray

#### Uses

Traps, inactivates and helps body naturally remove the cold virus, before it develops into a full blown cold.

#### Dosage

Over 12 years: use at the first signs of a cold. Apply 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply. Under 12 years: not suitable for use.

### Format and Ingredients

Nasal spray for nasal irrigation

**Category:** Cough, Colds and Sore Throat

Manufacturer: PROCTER & GAMBLE TECHNICAL CENTRES LTD Pack size: 15ml RRP: £7.65 Legal Status: MD



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