



Nytol Liquid Caramel Flavour

Uses

Temporary sleep aid in a liquid format.

Dosage

Over 16 years: 10-25ml to be taken at bedtime or after retiring when sleep is not readily achieved. Do not take a repeat dose in the same night. Under 16 years: not recommended.

Format and Ingredients

Liquid containing in 5ml:
Diphenhydramine Hydrochloride 10mg,