



## Care Senna Tablets

### Uses

Traditional herbal remedy for the short-term relief from occasional constipation.

### Dosage

Adults and the elderly: 2 tablets at bedtime when necessary with a drink of water. If there is no bowel movement after 3 days a doctor should be consulted. Over 12 years: 1 tablet as above. Under 12 years: not recommended.

### Format and Ingredients

Tablet containing:  
Senna fruit pods alexandrian 190mg, As Sennoside B,