



Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Sominex

Uses

Night-time sleep aid for the correction of temporary sleep disturbance.

Dosage

Over 16 years: 1 tablet at bedtime. May be taken up to one hour after going to bed when sleep is difficult to achieve. Not to be used for more than 7 days without medical advice. Under 16 years: not to be given except on medical advice.

Format and Ingredients

Tablet containing:
Promethazine hydrochloride 20mg,

Category:
Sleep and Travel

Manufacturer:
TEVA UK LTD

Pack size: 8, 16

RRP: £3.22, £4.59

Legal Status: (P), (P)