



## Mentholatum Ibuprofen Gel

### Uses

Symptomatic relief of pain and inflammation in conditions such as backache, rheumatic pains, muscular pains, sprains, strains, lumbago and fibrositis.

### Dosage

Over 14 years: apply the gel over the affected area (1-4cm delivers approximately 50-125mg ibuprofen) and massage gently until absorbed. Repeat as necessary up to a maximum of 3 times a day not more frequently than every 4 hours.  
Under 14 years: not recommended.

### Format and Ingredients

Clear gel containing:  
Ibuprofen 5% w/w,

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