

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Orange Flavour Liquid



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

P&G HEALTH

Pack size

150ml, 300ml

RRP

£4.62, £7.84

Legal Status

,



Uses



Format and Ingredients and %NRV

Liquid containing in 10ml:

Cod liver oil and fish oil 2.9g, Omega-3 Nutrients 650mg, Of which EPA 195mg, DHA 305mg, Vitamin C 50mg 63, Vitamin D 6µg 100,



Dosage

Adults and children over 3 years: two 5ml teaspoonsful daily.