



## Lemsip Max Daytime Cold & Flu Relief

### Uses

Symptomatic relief of colds and flu including the relief of aches and pains, sore throat and headaches, fatigue and drowsiness, nasal congestion and lowering of temperature.

### Dosage

16 years and over: 2 capsules every 4 hours to a maximum of 4 doses in any 24 hours, or up to a maximum of 3 doses in any 24 hours if a night-time paracetamol-containing product is taken before bedtime. Under 16 years: not to be given.

### Format and Ingredients

Red/yellow hard gelatine capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg