

Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Vegetables Morgan can choose with hot options include peas or cauliflower (no carrot and no broccoli)
Alongside the hot meal, Morgan can choose Jacket Potato with Tuna filling or hot/cold sandwich with Tuna filling (no cheese, no ham, no baked beans, no vegetable burger)
Meat No BEEF, No PORK, No LAMB
Fruit no apples, no oranges, no bananas

Week 1			Week 2		
Monday	Jacket Potato with Tuna filling or hot/cold sandwich with Tuna filling	Jacket Potato	Monday	pasta bake	Jacket Potato
Tuesday	chicken shawarma	chicken shawarma	Tuesday	Jacket Potato with Tuna filling or hot/cold sandwich with Tuna filling	Jacket Potato
Wednesday	lasagne	lasagne	Wednesday	piri piri chicken	piri piri chicken
Thursday	honey chicken	honey chicken	Thursday	sub of the week	sub of the week
Friday	pizza	pizza	Friday	Jacket Potato with Tuna filling or hot/cold sandwich with Tuna filling	Jacket Potato

Anadin Extra

Uses

For the treatment of mild to moderate pain including headache, migraine, neuralgia, toothache, sore throat, period pain, symptomatic relief of sprains, strains, rheumatic pain, sciatica, lumbago, fibrositis, muscular aches and pains, joint swelling and stiffness, influenza, feverishness and feverish colds.

Dosage

Adults, the elderly and young persons aged 16 years and over: 2 tablets every 4 hours. Maximum 8 tablets in 24 hours. Under 16 years: not recommended except on medical advice.

Format and Ingredients

White capsule shaped tablet containing:
Aspirin (acetylsalicylic acid) 300mg, Paracetamol 200mg, Caffeine 45mg,

Category:
Analgesics

Manufacturer:
A NELSON & CO LTD

Pack size: 8, 12, 16, 32

RRP: £1.59, £2.22, £2.77, £4.12

Legal Status: (GSL), (GSL), (GSL), (P)

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