



Kalms Day

Uses

A traditional herbal medicinal product used for the temporary relief of symptoms associated with stress, based on traditional use only.

Dosage

Over 18 years: 2 tablets 3 times a day with water after meals.
Maximum daily dose is 6 tablets.
Under 18 years: not suitable.

Format and Ingredients

Sugar coated tablet containing:
Valerian Root Extract (Valeriana officinalis L.) 33.75mg,