



## Nicorette Nasal Spray

### Uses

For the relief of nicotine withdrawal symptoms as an aid to smoking cessation. Also indicated in pregnant and lactating women making a quit attempt.

### Dosage

Over 18 years: at start of treatment use as required, subject to a limit of one spray to each nostril twice an hour. Daily limit: 64 sprays which is the equivalent of two sprays to each nostril every hour for 16 hours. See pack leaflet for further information. Treatment should be limited to 3 months. Adolescents (12 to 18 years): as per over 18 years, but duration of therapy should not exceed 12 weeks without consulting a healthcare professional. Under 12 years: not to be used.

### Format and Ingredients