



Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Olbas Oil

Uses

Inhalation: for relief of bronchial and nasal congestion caused by colds, catarrh, influenza and hayfever, rhinitis and minor infections of the respiratory tract. Topical application: for the symptomatic relief of muscular pain and stiffness including backache, sciatica, lumbago, fibrositis and rheumatic pain.

Dosage

As an inhalant: Adults and children over 2 years: Add 2-3 drops on a tissue, or add to hot water and inhale the vapours. Children 3 months to 2 years: Add 1 drop to a tissue and hold close to nose allowing child to breathe in vapours. Keep out of child's reach. Not suitable for babies under 3 months old. As a rub: 12 years and over: Massage into the painful area 3 times a day.

Format and Ingredients

Mixture of essential oils containing:
Eucalyptus Oil 35.45% w/w, Levomenthol 4.1% w/w, Cajuput Oil 18.5% w/w, Clove Oil 0.1% w/w, Juniperberry Oil 2.7% w/w, Methyl Salicylate 3.7% w/w, Mint Oil, partly dementholised 35.45% w/w,

Category:

Cough, Colds and Sore Throat,
Infants and Babies

Manufacturer:

G R LANE HEALTH PRODUCTS

Pack size: 12ml, 30ml

RRP: £4.45, £7.09

Legal Status: (GSL), (GSL)

