



Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Avomine 25mg Tablets

Uses

Prevention and relief of travel sickness and general nausea and vomiting. For vertigo due to Meniere's syndrome, labyrinthitis and other causes.

Dosage

Adults: Prevention of travel sickness on long journeys: 1 tablet to be taken each night at bedtime starting on the night before travel. Prevention of travel sickness on short journeys: 1 tablet taken one or two hours before travel. Treatment of travel sickness: 1 tablet as soon as sickness is felt followed by a second tablet the same evening. A third tablet may be taken the next evening. Nausea and vomiting due to other causes: 1 tablet at night is often sufficient, more frequently twice or three times daily if required. Maximum 4 tablets in 24 hours. Children over 10 years: the lower adult dose. Children 5-10 years: half the adult dose (half a tablet) at the same time as for adults. Not recommended under 5 years.

Format and Ingredients

Tablet marked 'avomine' on one side and scored on the other containing:

Promethazine Teoclate 25mg,

Category:
Sleep and Travel

Manufacturer:
MANX HEALTHCARE

Pack size: 10, 28

RRP: £2.45, £6.20

Legal Status: (P), (P)

