



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Beechams Cold & Flu Capsules

### Uses

Symptomatic relief of influenza, feverishness, chills and colds, feverish colds. Symptomatic relief of nasal congestion and difficulty breathing arising from this, sinusitis and its associated pain, acute nasal catarrh.

### Dosage

Over 16 years: 2 capsules every 4-6 hours as required. Maximum 12 capsules in any 24 hours. Not to be taken continuously for more than 7 days without medical advice. Under 16 years: not to be given.

### Format and Ingredients

Opaque red and white capsule containing:  
Paracetamol 300mg, Caffeine 25mg, Phenylephrine Hydrochloride 5mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
GLAXOSMITHKLINE CONSUMER  
HEALTHCARE

**Pack size:** 16

**RRP:** £3.18

**Legal Status:** (GSL)

