



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Centrum MultiGummies - Energy Release

### Uses

### Dosage

Adults: 2 gummies per day. Chew until fully dissolved. May be taken without food or water.

### Format and Ingredients

Mixed berry flavoured multigummies containing per 2 gummies:

Vitamin D 10µg 200, Niacin 16mg 100, Vitamin B6 1.6mg 114, Vitamin B12 4µg 160, Biotin 24µg 48,

**Category:**  
Vitamins, Minerals and Nutritionals

**Manufacturer:**  
PFIZER CONSUMER  
HEALTHCARE

**Pack size:** 30, 60

**RRP:** £6.50, £12.50

**Legal Status:** ,