



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Seven Seas Omega-3 Fish Oil plus Cod Liver Oil + Turmeric

### Uses

### Dosage

Over 12 years: one capsule & one tablet a day.

### Format and Ingredients

Capsule containing: Vitamin D 5µg 100, Fish Oil Blend 525mg, Of which Cod Liver Oil 268mg, Omega-3 Nutrients 120mg, Of which EPA 36mg, DHA 49mg, Tablet containing: Turmeric extract (Curcuma Longa L.) 85mg,

**Category:**  
Vitamins, Minerals and Nutritional

**Manufacturer:**  
P&G HEALTH

**Pack size:** 30 + 30

**RRP:** £17.00

**Legal Status:**