

Seven Seas Omega-3 Fish Oil plus Cod Liver Oil Gelatine Free High Strength Capsules



Category

Vitamins, Minerals and
Nutritionals

Manufacturer

P&G HEALTH

Pack size

60, 120

RRP

£7.74, £12.88

Legal Status

,



Uses



Format and Ingredients and %NRV

Capsule containing:

Fish Oil Concentrate 262mg, Cod Liver Oil 134mg, Providing Fish Oil 129mg, Omega-3 Nutrients 200mg, Of which EPA 86mg, DHA 69µg, Vitamin D 5µg 100, Vitamin E 10mcg ?-TE 83,



Dosage

Over 12 years: 1 capsule a day.