

# Seatone



## Category

Vitamins, Minerals and  
Nutritionals

## Manufacturer

SOHO FLORDIS UK LTD

## Pack size

90

## RRP

£12.45

## Legal Status



## Uses



## Format and Ingredients and %NRV

Capsule containing:

Green Lipped Mussel Extract 350mg,



## Dosage

Adults: 1-3 capsules daily with food. Three capsules a day are recommended initially for the first 90 days. After this period dosage can be reduced to 2 and then 1 capsule a day.