



Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



Sudafed Blocked Nose Spray

Uses

Symptomatic relief of nasal congestion associated with the common cold, influenza, sinusitis, allergic and non-allergic rhinitis and other upper respiratory tract allergies.

Dosage

12 years and over: 1 spray into each nostril 2-3 times daily as necessary. Maximum 3 sprays in 24 hours. Use for more than 7 consecutive days is not recommended. Under 12 years: not recommended.

Format and Ingredients

Aqueous metered dose nasal spray containing:
Xylometazoline Hydrochloride 0.1% w/v,

Category:
Cough, Colds and Sore Throat

Manufacturer:
JOHNSON & JOHNSON (McNEIL)

Pack size: 15ml

RRP: £4.74

Legal Status: (GSL)