Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants





Nurofen Cold & Flu Relief 200mg/5mg Tablets

Uses

Relief of symptoms of cold and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses.

Dosage

Over 12 years: 2 tablets every 8 hours. Leave at least 4 hours between doses. Maximum 6 tablets in 24 hours. A doctor should be consulted if symptoms persist or worsen, or if the product is required for more than 10 days. Under 12 years: not to be given.

Format and Ingredients

Tablet containing: Ibuprofen 200mg, Phenylephrine Hydrochloride 5mg,

Category: Cough, Colds and Sore Throat

Manufacturer: RB UK Pack size: 16

RRP: £4.29

Legal Status: (GSL)



Communications International Group Ltd 2025, Linen Hall, 162-168 Regent Street, London W1B 5TB