



## Sanatogen Pregnancy Mum to Be

### Uses

### Dosage

Mums to be: 1 tablet daily with water.

### Format and Ingredients

Tablet containing:

Vitamin D 10µg 200, Vitamin E 10mg ?-TE 83, Vitamin C 90mg 113, Thiamin (vitamin B1) 1.6mg 145, Vitamin B2 (riboflavin) 1.8mg 129, Niacin 19mg NE 119, Vitamin B6 2.6mg 186, Folic Acid 400µg 200, Vitamin B12 2.5µg 100, Biotin 200µg 400, Pantothenic acid 8.7mg 145, Calcium 170mg 21, Phosphorous 133.3mg 19, Iron 14mg 100, Magnesium 100mg 27, Zinc 7.5mg 75, Copper 1000µg 100, Manganese 1mg 50