



Vicks First Defence Nasal Spray

Uses

Traps, inactivates and helps body naturally remove the cold virus, before it develops into a full blown cold.

Dosage

Over 12 years: use at the first signs of a cold. Apply 2-3 sprays per nostril, without tilting the head, up to 4 times a day. Allow 4 hours between applications. Avoid inhaling deeply. Under 12 years: not suitable for use.

Format and Ingredients

Nasal spray for nasal irrigation