



## Equazen Family Triple Strength Capsules

### Uses

### Dosage

Adults and children over 5 years: 2 capsules per day with food for first 12 weeks, then 1 capsule a day. Under 5 years: not suitable.

### Format and Ingredients

Capsule containing:  
Omega-3 Fish Oil 550mg, Of which EPA 279mg, DHA 87mg,  
Omega-6 (evening primrose oil) 120mg, Of which GLA 30mg,