

# Sterimar Congestion Relief Kids



## Category

Cough, Colds and Sore  
Throat, Infants and Babies

## Manufacturer

CHURCH & DWIGHT UK  
LTD

## Pack size

50ml

## RRP

£4.49

## Legal Status

MD



## Uses

Rapidly decongests the nose and washes away even thick mucus. Relieves the symptoms of colds and helps reduce the risk of secondary infections.



## Format and Ingredients

Nasal spray containing in 100ml:

100% natural sea water based solution (hypertonic solution enriched with copper),



## Dosage

Prime the spray by briefly pressing the nozzle. Children 3 months to 3 years: lay the child down on his/her side or sitting up with baby's head tilted to one side. Two years and over: keep the head upright. Gently insert the nozzle into the nostril and press for approximately 2 seconds. Let any excess solution run out before wiping the nose. Repeat in the other nostril. Recommended for use prior to sleep and before (breast) feeding. Use 2-6 times a day until the nose is no longer blocked or as long as a doctor recommends.