



Bio-Kult Brighten

Uses

Dosage

Adults: 1-2 capsules once or twice daily with food. Medical advice should be sought if pregnant or taking any medications.
Children 3-12 years: Bio-Kult Advanced advised instead.

Format and Ingredients

Capsule containing:
Lactobacillus casei PXN 37, Lactobacillus plantarum PXN 47,
Lactobacillus rhamnosus PXN 54, Bacillus subtilis PXN 21,
Bifidobacterium bifidum PXN 23, Bifidobacterium breve PXN 25,
Bifidobacterium longum PXN 30, Lactobacillus acidophilus PXN 35,
Lactococcus lactis ssp. lactis PXN 63, Streptococcus thermophilus PXN 66,
Bifidobacterium infantis PXN 27, Lactobacillus delbrueckii ssp. Bulgaricus PXN 39,
Lactobacillus helveticus PXN 45, Lactobacillus salivarius PXN

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