



## Lemsip Cold & Flu Blackcurrant

### Uses

For the relief of the symptoms of colds and flu including relief of aches and pains, nasal congestion, sore throat and lowering of temperature.

### Dosage

16 years and over: contents of 1 sachet dissolved in hot water every 4-6 hours. Maximum 4 sachets in 24 hours. Under 16 years: not to be given.

### Format and Ingredients

Oral powder containing:  
Paracetamol 650mg, Phenylephrine Hydrochloride 10mg,