



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Deep Relief Joint Pain Gel

### Uses

Relief of rheumatic pain, muscular aches, pains and swellings such as strains, sprains and sports injuries. Also for the relief of pain associated with non-serious arthritic conditions.

### Dosage

Adults: apply gel as a thin layer to the affected area (1-4cm delivers approximately 50-125mg ibuprofen) massaging gently until absorbed, up to 3 times a day and not more frequently than every 4 hours.

Children: not recommended.

### Format and Ingredients

Clear gel containing:

Ibuprofen 5% w/w, Levomenthol 3% w/w,

**Category:**  
Analgesics

**Manufacturer:**  
MENTHOLATUM COMPANY LTD,  
THE

**Pack size:** 100g

**RRP:** £11.00

**Legal Status:** (P)