



# Counter Intelligence PLUS | 2025

The training guide for pharmacy assistants



## Benylin Cold & Flu Max Strength Capsules

### Uses

For the relief of symptoms associated with the common cold and influenza, including relief of aches and pains, sore throat, headache, fatigue and drowsiness, nasal congestion and lowering of temperature.

### Dosage

16 years and over: 2 capsules to be swallowed whole with water every 4-6 hours, up to a maximum of 8 capsules in 24 hours.

Under 16 years: not for use.

### Format and Ingredients

Capsule containing:  
Paracetamol 500mg, Caffeine 25mg, Phenylephrine Hydrochloride 6.1mg,

**Category:**  
Cough, Colds and Sore Throat

**Manufacturer:**  
JOHNSON & JOHNSON (McNEIL)

**Pack size:** 16

**RRP:** £4.68

**Legal Status:** (GSL)