



## Vicks Inhaler

### Uses

Relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders.

### Dosage

Adults and children over 6 years: insert into each nostril, holding the other nostril closed and inhaling deeply. It can be used as frequently as needed. Under 6 years: not recommended.

### Format and Ingredients

Nasal stick containing:  
Menthol 125mg, Camphor 50mg, Siberian Pine Needle Oil 10mg,